



EMERGENCY PREPAREDNESS ---IT'S IMPORTANT FOR EVERY SEASON!

We have just entered the **HOT** season, after exiting a brutal **ALLERGY** season, and ever fearful of the ongoing **TORNADO** and **HURRICANE** season. However, the most important thing you can do during any season is to be informed and prepared.

TIPS FOR AN EMERGENCY AT WORK AND HOME:

- At least a 3 day supply of water (1 gallon per person day).
- A 3-5 day supply of non-perishable packaged or canned food and a non-electric can opener.
- Rain gear, sturdy shoes, and a change of clothes.
- Blankets, bedding, or sleeping bags.
- A first aid kit and prescription medications.
- A list of family physicians and important medical information.
- Special items for infants, pets, the elderly or family members with disabilities.
- A battery-powered radio, flashlight, and plenty of batteries; tools, duct tape, pen and paper, and household bleach.
- Identification, credit cards, cash, and photocopies of important family documents including home insurance information.
- An extra set of car and house keys.
- If you have children, contact your child's school to learn what their plans are during an emergency.
- Prepare a list of telephone numbers of family members to contact during an emergency.
- Identify a reliable Point of Contact (POC) outside of the DC area for family members to call during an emergency in case local calling is not available due to a high volume of calls.



GENERAL TRANSPORTATION TIPS

During an emergency, Stop! Listen to the message – Unless otherwise directed by authorities to evacuate, staying in your location is usually the most prudent course of action unless in the immediate danger area.

Do not assume that you should evacuate. If evacuation is appropriate, listen for the message indicating direction to proceed and signs to follow. Information will be provided to employees through DDOT's BERT representatives. Your best initial action is to "shelter in place" and stay attentive until instructions are given.

Be prepared to walk or use public transportation. Metrobus and Metrorail will be operating at full service unless otherwise told by authorities. If you leave your vehicle, make sure it is secure and not blocking the roadway. It is also advised not to park along an evacuation route as parking could become restricted. If you are leaving by a car, check with your neighbor or coworkers to see if you can carpool.

Visit 72hours.dc.gov, where you can ...

- 1.) **Sign up** for Alert DC and receive real-time emergency alerts.
- 2.) **Create** an individual or family plan
- 3.) Locate **your** nearest evacuation route
- 4.) Learn how to protect **yourself** in an emergency
- 5.) Learn how to **create** an emergency go-kit

For more tips on Emergency Preparedness, contact the Office of Emergency Preparedness and Risk Management at 671-3239